



**EUROPEAN WUSHU FEDERATION
18TH EUROPEAN WUSHU CHAMPIONSHIPS
11TH EUROPEAN JUNIOR WUSHU CHAMPIONSHIPS**

General Information

Date and Location

The 18th European Wushu Championships for adults, and 11th for juniors, cadets and children (Taolu and Sanda) will be held from April 27th to May 4th, 2020 in Moscow Wushu Palace, Hersonskaya street 30/2–1, Moscow, Russia. (ул. Херсонская 30, корпус 2, строение 1).

Teams must arrive on April 28th, 2020 before 19:30 (see Competition schedule).

Judges course

Judges must arrive on April 27th, 2020, before 19:30 (see Competition schedule).

The judges course will be held on April 28th and April 29th.

All judges must participate in the Judges Course.

The fee for “C” degree judges for the teaching course is 50€, for new judges – 150€.

“A” and “B” degree judges are not charged any fee. Payments for courses are to be paid prior to the course.

Duanwei Grading (EWGS)

The EWGS “Duan” (adult grade) and “Ji” (children degree) examination will take place at 18.00 on May, 1st.

For EWGS Duan grading send applications to dragonway@rambler.ru.

Duanwei grading is open to judges, athletes, coaches and other team members and observers.

Congress

The EWUF Congress will be held on April 29th 2020, at 10.00 a. m. in Moscow Wushu Palace.

Competition and training venues

“Moscow Wushu Palace” (address: Hersonskaya street 30/2–1), Moscow, Russia.

Participation

According to the EWUF Congress decision only EWUF active member’s (full and provisional members) wushu teams and EIWA team (as approved by the EC decision) are allowed to attend this championship. The participation is subject to the payment of the EWUF membership fees (2020 included to be paid prior the EC).

1. All athletes and judges (except independent judges invited by the EWUF) must be nationals (or legal residents with a valid long-term residence permit) of the country they represent or nationals of the country in which an EWUF-recognized wushu organisation is registered.

2. All athletes, except EIWA, must be members of the respective EWUF-recognized wushu organisation. If there is no special license or sport passport, the team leader must submit a written letter specifying that the athletes are members of the respective wushu federation. This is related to WADA policy.

3. If there is no official team/judges representing the EWUF member organisation, or the wushu organisation of a country is, without a valid reason abstaining from participation, the EWUF EB, may, at its sole discretion, allow the participation of «independent athletes» and "independent judges" from this country, following the IOC's policy of accepting the "independent olympians" participating in the OG under the IOC flag and anthem. Such a case must be ratified by the EWUF EB before the beginning of the competition.

4. For competitors under 18 years of age the parent or legal guardian must sign the written agreement for participation and the waiver of liability. If the parent/guardian is not attending the even with the competitor they must also have the documents signed and stamped by a notary.

Composition of the Team

One team leader; 6 IWUF Taolu coaches (2 for adult and 4 for junior teams); 4 Sanda coaches; (2 for adult and 2 for junior teams); One or two Taolu judges – judges must attend the judges course; One or two Sanda judges – judges must attend the judges course; One team doctor.

Any number of observers which can have access to all related events (The team is responsible for the behavior of the official observers and may be penalized for the violation of the Ethics Code by such observers). Pay attention: the total number of athletes is set to 100.

Taolu teams:

Children: Maximum 20 IWUF Taolu Category C (children age 9 – 11) – any mixture of boys and girls is allowed.

Cadets: Maximum 20 IWUF Taolu Category B (cadets age 12 – 14) – any mixture of boys and girls is allowed.

Juniors: Maximum 30 IWUF Taolu Category A (juniors age 15 – 17) – any mixture of boys and girls is allowed.

Adults: Maximum 30 IWUF Taolu participants (adults age above 18 – 35) – any mixture of men and women is allowed.

Each IWUF Taolu competitor may at most enter 4 competition events (selected from and not exceeding 3 individual events and 1 dual event).

There shall be no more than 2 competitors representing a country in each single taolu event and one pair of competitors in duilian event.

The age calculation for taolu athletes is based on their age on the 1st January of actual year of the event (1st January 2020).

Sanda teams:

Juniors:

Maximum 11 male and 5 female Sanda participants (age 15–16) – Each team may enter 2 competitors for one (1) weight category and each Sanda competitor may enter only one (1) weight category;

Maximum 11 male and 5 female Sanda participants (age 17) – Each team may enter 2 competitors for one (1) weight category and each Sanda competitor may enter only one (1) weight category;

Adults:

Maximum 11 male and 7 female Sanda participants (adults 18 – 35) – Each team may enter 2 competitor for one (1) weight category and each Sanda competitor may enter only one (1) weight category;

The age calculation for sanda athletes is based on their age (in their passport) on the day of draw lots for the event (April 28th, 2020).

Competition events

Taolu competition

Nota bene: For safety purposes, EWUF Certified Wushu shoes are required for all ages in taolu competition. The shoes can be purchased upon arrival.

Taolu Junior Category C – Children (age 9 – 11 boys and girls)

Regular elementary compulsory routines (32 forms): (国际武联指定教材。武术初级教程。上，下。人民体育出版社 1997)

(As published in the volumes 1 and 2 of the "IWUF Elementary Wushu Routines». Renmin tiyu chubanshe 1997)

1. Changquan (32 forms)
2. Daoshu
3. Jianshu
4. Qiangshu
5. Gunshu
6. Nanquan (三十二势初级南拳)
7. Nandao (三十二势南刀)
8. Nangun (三十二势南棍).
9. Taijiquan 32 forms https://www.youtube.com/watch?v=rKilyW_awUo
10. Taijijian 32 forms <https://www.youtube.com/watch?v=rNc-BWuXcBw&t=3193s>

Regular compulsory intermediate duilian taolu (国际武联指定教材。武术中级教程。下。人民体育出版社 1997)

(As published in the volumes 1 and 2 of the "IWUF Intermediate Wushu Routines». Renmin tiyu chubanshe 1997)

11. Duilian barehand (四十八势长拳对练)
12. Duilian with weapons (五十四势器械对练)

There shall be no more than 2 competitors representing a country in each single taolu event and one pair of competitors in duilian event.

There shall be no all-round winner.

Taolu Junior Category B – Cadets (age 12 – 14 boys and girls)

Regular intermediate compulsory routines: (国际武联指定教材。武术中级教程。上，下。人民体育出版社 1997)

As published in the volumes 1 and 2 of the «IWUF Intermediate Wushu Routines". Renmin tiyu chubanshe 1997)

1. Changquan 46 forms <http://www.youtube.com/watch?v=6FlqPZi43jo>

1st set of IWUF compulsory Routines: (第一套国际武术竞赛套路。)

2. Daoshu
3. Jianshu
4. Qiangshu

5. Gunshu
6. Nanquan
7. Nandao
8. Nangun.
9. Taijiquan (42 forms) <https://www.youtube.com/watch?v=ZcyHLJWJLEo>
10. Taijijian (42 forms) <https://www.youtube.com/watch?v=NeBr9bPoP1s>

Regular compulsory intermediate duilian taolu (国际武联指定教材。武术中级教程。

下。人民体育出版社 1997)

(As published in the volumes 1 and 2 of the "IWUF Intermediate Wushu Routines». Renmin tiyu chubanshe 1997)

11. Duilian barehand (四十八势长拳对练)

<https://www.youtube.com/watch?v=73rBg96rmng&t=4s>

12. Duilian with weapons (五十四势器械对练)

There shall be no more than 2 competitors representing a country in each single taolu event and one pair of competitors in duilian event.

There shall be no all-round winner.

Taolu

Junior Category A – Juniors (age 15 – 17) and Adult Category (18-35 years)

1. Changquan

Preliminary competition:

3rd set compulsory Changquan, or 1st set Huaquan, or 6th set Chaquan.

Final competition: Optional Changquan routine.

The average score between the 2 routines shall be the final score of the competitor.

2. Nanquan

Preliminary competition:

1st set Compulsory Nanquan, or 3rd set Compulsory Nanquan, or Huheshuanxingquan (虎鹤双形拳) of Hongjiaquan.

Final competition: Optional Nanquan routine.

The average score between the 2 routines shall be the final score of the competitor.

Optional Routines: (自选套路)

3. Daoshu,
4. Jianshu,
5. Qiangshu,
6. Gunshu,

7. Taijiquan,
8. Taijijian,
9. Nandao,
10. Nangun.

The format of the Rules **WITHOUT** scoring for the level of difficulty (难度) shall be used. That means that there shall be no «C» group, and the judging shall be done by the judges of the «A» and «B» groups only.

This does mean that the athlete can include the difficulty level in their routines – any movements can be used including 360°, 540° and 720° turning, **but no score shall be produced for difficulty level.**

Please be aware, that, in the same time deduction for the quality of movements and other technical faults shall be made in those movements and their connections.

New events

11. Xingyiquan (形意拳) – men and women
12. Bajiquan (八极拳) – men only
13. Shuangdao (双刀) – men only
14. Jiujielian (九节鞭) – men only
15. Baguaquan (八卦拳) – men and women ([Sunshi](#) or [Liangshi](#) Bagua routines*)
16. Chaquan (查拳) – women only
17. Shuangjian (双剑) – women only
18. Changsuijian (长穗剑) – women only

* In Sunshi and Liangshi Bagua routines the order of forms (gua/shi) is free and must include all 8 forms. Each form is executed at least once to the left or to the right direction of moving.

Dual Events:

Regular compulsory intermediate duilian taolu (国际武联指定教材。武术中级教程。

下。人民体育出版社 1997)

(As published in the volumes 1 and 2 of the "IWUF Intermediate Wushu Routines». Renmin tiyu chubanshe 1997)

19. Duilian barehand (四十八势长拳对练) :

<https://www.youtube.com/watch?v=73rBg96rmng&t=4s>

20. Duilian with weapons (五十四势器械对练)

There shall be no more than 2 competitors representing a country in each single taolu event and one pair of competitors in duilian event.

There shall be no all-round winner.

Sanda competition

SANDA COMPETITION METHODS

1. The competition will be Individual Competition.
2. The single knockout system will be adopted. If the number of competitors is three (3) or less, a single round-robin method will be adopted.
3. Following arrival and registration, the athletes will go through the initial weighing in and drawing lots formalities as stipulated in the schedule.
4. All Sanda athletes will be required to weigh-in daily during the competition.

SANDA COSTUMES & EQUIPMENT

All competitors shall wear EWUF approved clothing and protective gear. EWUF approved clothing for men includes sanda shorts and vest, and for women includes sanda shorts and t-shirt. The shorts and vest will be of the same colour, namely red or blue. Competitors are required to provide their own clothing and this should include one (1) set in red and one (1) set in blue.

Protective gear is separated into two colours, namely red and blue. Protective gear includes headgear, gloves, chest protector. Competitors are required to provide their own gum guard, groin cups and hand wraps. The groin cups must be worn under the trunks. The length for hand wraps shall be between 3.5m and 4.5m in total.

For female competitors who are of the Islamic faith, the IWUF has permitted such competitors to wear Islamic competition attire in line with the below standards. Such competitors are required to wear all the below stipulated Islamic attire and may not selectively wear some of them separately.

This includes the following:

- Long sleeve top (not form fitting)
- Full length trousers (not form fitting)
- Head scarf (underneath the protective head gear)

The above stipulated clothing must be made of flexible material that is not excessively slick or slippery (material composed of spandex, polyester, nylon and microfiber combinations are acceptable). The long sleeve top, head scarf and full length trousers will be of the same colour, namely red or blue. Competitors are required to provide their own clothing and this should include one (1) set in red and one (1) set in blue. Such clothing should not inhibit the full range motion of the competitor's body and limbs or interfere with their opponent's actions in anyway, and it should not impede or interfere with the EWUF specified protective gear either.

Should a competitor's clothing fail to conform to the above, the Jury of Appeals on site has the authority to deny their participation in the event. The T-shirts and shorts for sanda competition can be purchased upon arrival.

Gloves and other protective equipment will be provided by the Organizing Committee.

SANDA weight categories

Juniors Sanda (age 15 to 16 years)

Male: 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg, 80kg

Female: 48kg, 52kg, 56kg, 60kg

Sanda (age 17)

Male: 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg, 80kg, 85 kg.

Female: 48kg, 52kg, 56kg, 60kg, 65 kg.

For the Junior Sanda categories: It is not allowed to hit the head by leg, or hit the head by fists successively. For the junior competition the time of each round shall be 1 minute 30 seconds.

Sanda (age above 18 to 35 years)

Male: 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg, 80kg, 85kg, 90kg, 90kg+

Female: 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg

For safety reasons, when there is a great disparity of techniques between the two competitors, the platform judge, with the approval of the head judge, may proclaim the stronger competitor to be winner of the bout.

JUDGES

Each EWUF member is required to send at least 1 judge for Taolu and 1 judge for Sanda. If a member does not send judges in the event they have registered competitors, they will have a penalty of 700€ per missing judge. The fee is the average of the expenses (travel costs + food and lodging) for bringing the judge. The fees shall be spent on competition purposes.

Example: a member sends:

Team for Taolu and Sanda and no judges= 1400€ penalty fee

Team for Taolu only, 1 Taolu judge= OK

Team for Sanda, only 1 Sanda judge= OK

Team for Taolu and Sanda and 1 judge = 700€ penalty fee for not bringing the 2nd judge (either Taolu or Sanda).

Team for Taolu and Sanda and 2 judges = OK

There shall be independent judges invited by the EWUF for both taolu and sanda competition.

AWARDING

There shall be separate awarding for all events. All the diplomas shall have a mention as follows:

“18th European Wushu Championships – Taolu Competition”

“ 18th European Wushu Championships – Sanda Competition”

“11th European Junior Wushu Championships – Taolu Competition Youth category C”

“11th European Junior Wushu Championships – Taolu Competition Youth category B”

“11th European Junior Wushu Championships – Taolu Competition Youth category A”

“11th European Junior Wushu Championships – Sanda Competition Youth age 15 – 16”

“11th European Junior Wushu Championships – Sanda Competition Youth age 17”

The awarding shall be done following the EWUF Rules unless stated otherwise. In regular adult and junior (15–17) Taolu competition, in case where are more than 6 competitors, 3 medals are awarded.

In case where are 5 competitors 1st and 2nd places are awarded. In case where are 4 competitors, only 1st place is awarded.

COMPETITION MANAGEMENT

Taolu Head Judge and competition director: Stewart Beckett 7th Duan EWGS.

Jury of Appeal: Byron Jacobs 6th Duan EWGS – chairman, Roman Vlasenko 6th Duan EWGS, Tatiana Kupriyanova 7th Duan EWGS,

Sanda Head Judge and competition director: Alexander Raduncev 6th Duan EWGS, Assistant Head Judge – Mikhail Kozhemyakin 4th Duan EWGS.

Jury of Appeal: Petru Grindeanu 7th Duan EWGS – chairman, Henk Vershuur – 5th Duan EWGS, Nikolai Tychko.

APPEALS**Sanda:**

Each participating team has the opportunity to appeal at most two (2) times within a single competition. A participating team who has disagreement with the platform referee's must immediately compile a written appeal at the competition scene, and following the consent of the Chief Referee submit it along with the appeal fee of 200€. The Jury of Appeals will then immediately review the match and come to a conclusion. Should the appeal be found to be valid, then the result will be altered and the appeal fee will be refunded. Should the appeal be found to be invalid, then the result will remain unchanged and the appeal fee will be retained.

Taolu

Any appeal must be handed to the Jury of Appeal no later than 30 minutes after the end of the respective event. The appeal shall be accepted only if in compliance with the «EWUF Competition Rules». A fee of 200€ should be paid together with the appeal. If the appeal proves to be right, this sum is returned to the applicant.

All teams shall abide by and accept the final decisions made by the Jury of Appeals. Strict measures will be taken, according to the severity of the case and EWUF's relevant provisions, against teams that cause any disruptions in protest to the decision of the Jury of Appeals.

The appeal fees must be duly accounted, registered and are spent on competition purposes upon the decision by the Organising Committee.

ENTRIES**Preliminary Entries**

The Preliminary Entry Forms should be sent before February 28th, 2020 to the Organizing Committee of the 18th European Wushu Championships (nika-wushu@yandex.ru).

Final Entries

The Final Entry Forms must state the exact number of competitors taking part in the events. And the entries must reach both the Organizing Committee of the 18th European Wushu Championships 2020 no later than 24:00 (Moscow time) on March 28th, 2020. Addresses to return the Preliminary and Final entry forms is shown on the entry forms. No changes or additional entries will be accepted after the closing date. In exceptional cases changes might be allowed at the sole discretion of the decision of the Competition Director, if such a change is allowed there will be a penalty of 200 Euro but no change whatsoever shall be allowed after the draw-lots.

All entries must be properly typed or printed in English. They are valid only when signed by the President of the respective Federation and bearing the official stamp of the Federation.

INSURANCE AND MEDICAL DOCUMENTS

Taolu competitors are required to hand in:

- Health Certificate (including electro-cardiogram, pulse and blood pressure). The Health Certificate is only valid if it has been issued within a period of 60 days prior to the competition.
- Valid Life Insurance Certificate.

Sanda competitors are required to hand in:

- Health Certificate signed by a doctor (including electro-encephalogram, electrocardiogram, pulse and blood pressure). The Health Certificate is only valid if it has been issued within a period of 30 days prior to the competition.
- Valid Life Insurance Certificate.

For competitors under 18 years of age (both taolu and sanda) the parent or legal guardian must sign the written agreement for participation and the waiver of liability. If the parent/guardian is not attending the event with the competitor they must have the documents signed and stamped by a notary.

ETHICS CODE

All members of the official team including official observers shall respect the EWUF Ethics Code. In addition to that, as the EWUF Congress voted to implement the IOC Ethics Code, under the IOC Charter, all participants, including Juniors are bound by both Codes.

DOPING CONTROL

Doping control will be conducted during the 18th European Wushu Championships according to the requirements of the World Anti-Doping Agency(WADA), and will follow the procedure prescribed in the World Anti-Doping Code (2015, hereafter 'Code') Please take note of details pertaining to article 9 and article 10 below:

ARTICLE 9 AUTOMATIC DISQUALIFICATION OF INDIVIDUAL RESULTS:

«Violations to the Code and/or the Rules in Individual Sports in connection with an In-Competition test automatically leads to Disqualification of the result obtained in that Competition with all resulting Consequences, including forfeiture of any medals, points and prizes.»

ARTICLE 10 SANCTIONS ON INDIVIDUALS: The athlete will be subject to a period of ineligibility.

FINANCIAL CONDITIONS

As stipulated by the EWUF Congress' decision, the total cost for all participating teams shall be 80 € per person/day, including lodging (standard double room with 2 athletes sharing the room), 3 meals, transfer from/to the airport. For single room the price shall be 100 € per person/day for official team members and 110 € per person/day for official observers. For sharing the standard room the price for observers shall be 85 € per person/day.

All official team members, including observers, shall stay in OC designated hotels only. The organizing Committee shall be responsible for all related competition costs, including funding the expenses of "A" degree judges involved, EWUF EB, independent judges and VIPs.

Nota bene: Because of the restrictions imposed on russian banking sector and related difficulties of banking transfer, and, due to the unpredictable fluctuations of the exchange rates euro/ruble, all teams are kindly required to bring the full payment in cash (for the convenience traveler's cheques can be used and changed in Moscow airports). A valid stamped receipt shall be issued by the OC for all teams.

The payment of EWUF annual fee must be made no later than 1 month before the Congress and competition to the EWUF banking account in the UK (please contact Mr. Petru Grindeanu).

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otherwise howsoever reproduced at the time of the event whether used then or at any later date and shall remain the property of the European Wushu Federation for its sole use for any purpose it may decide at its discretion. All participants entering the event shall accept and abide by this rule as a condition of their attendance at the event.

CAMERAS and PHOTO EQUIPMENT

No professional video and photo cameras shall be allowed at the competition site unless the owners are accredited before the event. Requests for accreditations shall be sent to the OC at least 1 month before the event.

Consumer and prosumer equipment shall be allowed at designated areas only.

OTHER MATTERS

Each team is required to bring the following:

- a. The original Final Entry Form signed by the President of the respective federation with the official seal of the federation;
- b. Health Certificates of all athletes and Combat sports dedicated Life Accidental Injury Insurance Certificate (country or region);
- c. The 18th European Wushu Championships "Waiver of Liabilities" for each participant.
- d. The interpretation of these rules shall be the sole responsibility of the EWUF Technical Committee.

ANNEXES

Preliminary and Final Entry forms shall be sent to you by the OC.

Any changes to those regulations must be validated first by the decision of the EWUF EB in written form and shall be a part of the regulations.

18TH EUROPEAN WUSHU CHAMPIONSHIPS**WAIVER OF LIABILITIES**

For Team Members including Observers

ID photo

Federation _____

Name of Participant _____

Date of Birth: _____ Sex: _____

Nationality: _____ Passport No: _____

Status: ***Athlete** ***Team Manager** ***Coach** ***Doctor** ***Observer**
 * indicate your status

I, _____

the undersigned, knowingly and without duress, do voluntarily submit my Entry to the 18th European Wushu Championships, 11th European Junior Wushu Championships. In consideration of European Wushu Kungfu Federation accepting my application, I hereby assume all risk of physical and mental injuries, disabilities and losses which may result from or in connection with my participation in the 18th European Wushu Championships, 11th European Junior Wushu Championships. The 18th European Wushu Championships, 11th European Junior Wushu Championships are hosted by European Wushu Kungfu Federation (EWUF) and organized by the Russian Wushu Federation, hereafter EWUF and Russian Wushu Federation collectively refer as "Organizing Committee", acting for myself, heirs, personal officers, agents, representatives and assignees, I do hereby release the Organizing Committee, its officers, agents, representatives, volunteers, and other related members from all claims, actions, suits, and controversies at law or in equity by reason of any matter, cause or thing whatsoever that I may sustain as a result of or in connection with my participation in the 18th European Wushu Championships, 11th European Junior Wushu Championships. I fully understand that all medical attention or treatment afforded to me by the Russian Wushu Federation, its officers, representatives, volunteers, and all other related members will be of the first aid only, and hereby release the Russian Wushu Federation its officers, representatives, volunteers, and all other related members from any liability for such aid. I understand it is my obligation to obtain medical coverage. I agree to abide by and follow the Rules established by the EWUF and the Russian Wushu Federation, and I understand that my protest must be conducted in accordance with the rules of Arbitration. I understand that my personal behavior shall be expected to reflect a good image of Wushu while performing or while in the audience or in the hotel or other public places while in Russia. If I am attending only as an Observer I fully understand that my behavior is equally subject to conformity with expectations of good behaviour. Whether I am a participant or an observer the EWUF reserves the right to caution me or have me removed from the competition area if the EWUF Organizing Committee deem my behavior to be undesirable. The EWUF Organizing Committee has the power to suspend a competitor or the entire team if any team member(s) including observers after having been warned continue to behave in a manner that is contrary to the behavior expected.

I agree that my performance, attendance, and participation at the 18th European Wushu Championships, 11th European Junior Wushu Championships may be filmed or otherwise recorded or released or telecast live. I consent that the Russian Wushu Federation or the European Wushu Kungfu Federation to use my name, address, voices, poses, pictures and biographical data concerning full or parts, in any form or language, with or without other material, throughout the world, without limitation, for television, radio, video, theatrical medium picture, or any other medium by any devices now known or hereafter devised and I do hereby Waive any compensation in regard thereof as well as any future rights to the aforementioned.

Furthermore if I am a participant in sanda events I declare I hereby acknowledge and confirm my understanding and willingness to participate in the European Wushu Kungfu Federation event of full contact fighting called "sanda".

For sanda, full contact fighting, I confirm and fully understand that:-

1. I have studied sanda, the art of Chinese full contact fighting.
2. Sanda fights take place on a raised platform called a Leitai and I am experienced competing on this.
3. I have studied the rules of sanda.
4. I have trained for and am ready to take part in sanda events
5. I have taken part in sanda events previously.

I further confirm my full understanding of risks and dangers of participation in sanda:-

6. I fully understand that sanda involves each opponent trying to hit the other with force.
7. That the use of the hitting force and other techniques are intended to cause damage to my body to cause me to retire from the fight.
8. That the use of the hitting force and other techniques are intended to cause sufficient trauma and or pain that may result in knocking me out.
9. I fully understand the risk of being hit to the head and that such hits will cause brain damage killing brain cells which cannot be replaced. Furthermore I fully understand that repeated hits to the head cause exponential brain damage irreversibly killing brain cells that may or will impede my mental faculties and cognitive processes.
10. I fully understand that brain damage in full contact sanda can leave me impaired at various levels of cognitive disability and or immobility.
11. I fully understand that damaged received in full contact sanda can be fatal either at the point of being hit or at a later time.
12. I fully understand that the EWUF the organisers and others associated with the hosting of the full contact sanda events cannot prevent me from being hit and or receiving injury and potential brain damage and I exonerate them from any and all responsibility and liability regarding any injury or being killed as a result directly or in directly attributed to my participation in the EWUF full contact sanda events.
13. Concerning the raised platform (leitai) I fully understand that by the nature of it having edges it means that should I fall on the edge of the platform I can be severally injured or killed by but not limited to breaking my back or neck.
14. Concerning medical treatment on site I fully understand and accept that treatment for brain damage cannot be expected at the site of the event and that removal from site to hospital can in itself add to the condition of such an injury.

I have been informed about and assume full responsibility for any eventual risk of injury, damage to my health or death which may result from taking part in this kind of event".

Before signing this declaration I and my coach and Team Manager, plus if applicable my parent/guardian, have been given the opportunity to discuss the dangers associated in full contact sanda conducted on a Leitai with both an EWUF Technical Committee representative and a medical doctor and having done so and with my full understanding of the risks I declare I am prepared and willing to participate in the 18th European Wushu Championships, 11th European Junior Wushu Championships in sanda events and to sign the waiver of responsibility.

I the below signed participant, parent/guardian and coach have read and fully understand the waiver listed above. (Signature of Parent or Legal Guardian is required if participant is under 18) in all cases certified by Team Manager

Signature of Participant

Signature of Parent/Guardian

Signature of Team Manager

Date _____



European Wushu Federation
18TH EUROPEAN WUSHU CHAMPIONSHIPS
11TH EUROPEAN JUNIOR WUSHU CHAMPIONSHIPS

COMPETITION SCHEDULE

Date	Time	Content	Venue	
April 27, Monday	Whole Day till 18:30	Judges' arrival and registration	Salut Hotel	
	6.30-10.30	Breakfast		
	13.00-15.00	Lunch		
	19.00-22.00	Dinner		
April 28, Tuesday	Whole Day till 21:00	Teams arrival & Registration	Salut Hotel	
	06:30-10:30	Breakfast		
	8:00	Departure of the bus for judges		
		09:00-12:00 13:00-16:00	Judges' Refresher Course	Moscow Wushu Palace
		13.00-15.00	Lunch for teams	Salut Hotel
		12:00-13:00	Lunch for Judges	Moscow Wushu Palace
		16:30	Departure of the bus for judges	
	19:00-22:00	Dinner	Salut Hotel	

April 29, Wednesday	06:30-08:00	Sanda Weighing-in	Salut Hotel	
	06:30-10:30	Breakfast		
	07:30	Departure of the bus for judges		
	09:00	Departure of the bus for Congress Delegates		
	Whole Day	Team Training (see schedule)	Moscow Wushu Palace	
	10:00	EWUF Congress		
	09:00-12:00 13:00-15:00	Judges' Refresher Course		
	12:00-13:00	Lunch for Judges	Moscow Wushu Palace	
	12:00-16:00	Lunch for teams	Salut Hotel	
	15:30	Departure of the bus for judges	Moscow Wushu Palace	
	17:00-18:00	Technical meeting	Salut Hotel	
	17:30	Departure of the buses for Opening Ceremony		
	19:00-21:00	Opening Ceremony	Moscow Wushu Palace	
	21:00	Buses to Salut hotel		
	19:00-22:00	Dinner	Salut Hotel	
	April 30, Thursday	06:30	Sanda Weighing-in	Salut Hotel
		06:30-07:30	Breakfast	
07:30		Departure of buses		
09:00-12:00		Competition	Moscow Wushu Palace	

	12:00-13:00	Lunch	
	13:00-17:00	Competition	
	17:00-18:00	Awarding	
	18:00	Buses to the hotel	
	19:00-22:00	Dinner	Salut Hotel
May 1, Friday	06:30	Sanda Weighing-in	Salut Hotel
	06:30-07:30	Breakfast	
	07:30	Departure of buses	
	09:00-12:00	Competition	Moscow Wushu Palace
	12:00-13:00	Lunch	
	13:00-17:00	Competition	
	17:00-18:00	Awarding	
	18:00	Buses to the hotel	
	18:00	EWGS "Duan" and "Ji" examination	
	19:00-22:00	Dinner	Salut Hotel
May 2, Saturday	06:30	Sanda Weighing-in	Salut Hotel
	06:30-07:30	Breakfast	
	07:30	Departure of buses	
	09:00-12:00	Competition	Moscow Wushu Palace
	12:00-13:00	Lunch	

	13:00-17:00	Competition	
	17:00-18:00	Awarding	
	18:00	Buses to the hotel	
	19:00-22:00	Dinner	Salut Hotel
May 3, Sunday	06:30	Sanda Weighing-in	Salut Hotel
	06:30-07:30	Breakfast	
	07:30	Departure of buses	
	09:00-12:00	Competition	Moscow Wushu Palace
	12:00-13:00	Lunch	
	13:00-17:00	Competition	
	17:00-18:00	Awarding	
	18:00	Buses to the hotel	
	19:00-21:00	Farewell Party	Salut Hotel
May 4, Monday	Whole Day	Departure	