

9TH BALTIC OPEN WUSHU CHAMPIONSHIPS



REGULATIONS

OCTOBER 3-5, 2025 RIGA, LATVIA

1. DATE and VENUE

Date: October 3-5, 2025

Venue: Latgales 443, Riga, Latvia

2. PARTICIPATION

2.1. All applications shall bear the stamp and signature of the respective team manager.

2.2. No limits for team size.

2.3. Until the end of registration (see p.6 Registration) all athletes should provide a passport copy, Waiver of Liabilities confirming that all athletes are in good health for high intensity competitions and the participants are solely responsible for completing the necessary medical examinations.

2.4. Health insurance certificate is obligatory for all participants from abroad.

3. APPLICATION

3.1. Registration must be submitted by a team leader via

www.competitionbook.com or email lwuf@lwuf.lv

not later than September 14, 2025.

NOTE:

-If the final application is submitted after the deadline, an additional **20EUR** per athlete in the application form must be added to the entry fee;

-In case an athlete registers on the day of registration of the competition (See P.6 Registration) - additional **30EUR** must be added for each athlete;

- An additional fee of **10EUR** must be paid for each correction in the final application;
- The original Entry Form signed by the President of the respective federation with the official seal of the federation should be provided at time of registration (See p.6 Registration);
- All athletes names and surnames should be typed in English.

4. JUDGES

The Judges panel will be appointed by the competition Chief Judge. Judges will be paid according to Judge qualifications and category. All teams are welcome to apply their judge to the competitions panel.

5. PARTICIPATION FEE

For **Wushu Taolu** one athlete is charged a participation fee of **30EUR** for the first event, **25EUR** for the second event, **20EUR** for the third event, **15EUR** for the fourth event, **10EUR** for the fifth event and **5EUR** for each subsequent event.

In **Wushu Bingdao** disciplines participation fee depends on type of event. Events are:

Bingdao taolu event - one-time participation fee of **30EUR** is applied. **Bingdao duilian** event- one-time participation fee of **30EUR** is applied. **Bingdao bout** event- one-time participation fee of **35EUR** is applied.

If an athlete participates in **2 wushu bingdao** events the participation fee is **50EUR**

If an athlete participates in all **3 wushu bingdao** events the participation fee is **60EUR**.

Tuishou event - one-time participation fee **35EUR** for both Fixed Step Tuishou and Dynamic Tuishou

If after the registration is made (See p.6 Registration) an athlete does not participate in the competition for a valid reason, the participation fee will be returned, except for the participation fee for the first event (30 EUR will be charged).

Payments for participation for Latvia teams are made in EUR by bank transfer to the federation's account or paid at competitions committee office at the registration. (See p.6 Registration)

Payments for participation for foreign teams are made in EUR by bank transfer to the federation's account or paid at the registration upon arrival.

Society "LATVIAN SPORTS WUSHU FEDERATION"

Reg.Nr. 40008089357

Bank account: LV86HABA0551009741149

Bank: SWEDBANK

SWIFT: HABALV22

6. REGISTRATION

After the final entry deadline, the Organizing Committee will request all required documents to be submitted online in order to speed up the registration process. All financial obligations must be completed to finalize the registration on **October 3, 2025, from 14:00 until 18:00 at Latgales str. 443, Riga.**

Late registrations will not be accepted.

Full age is determined by the date shown in the passport on October 3, 2025

7. ACCOMMODATION

All teams will book any hotel/accommodation of their choice.

8. TRANSFER

Transfer for teams can be provided on request from the organizing committee (See Contacts)

**PLEASE NOTE! THE DEPARTURE OF TEAMS IS
ONLY AFTER THE COMPETITIONS ARE FINISHED.**

CONTACTS

e-mail: **lwuf@lwuf.lv**

Phones: **+371 24220635 (WhatsApp)**
 Ms. Jana Kosenko

Address: **Latgales str. 443,**
 Riga, Latvia
 LV-1063

9. COMPETITION PROGRAM

9.1. TAOLU AGE GROUPS

9.1.1. Children:

Children: up to 6 years (inclusive);

Children: 7-8 years (inclusive);

Children: 9 - 11 years (inclusive);

All children age groups can participate with the basic forms (forms 16, 20 and 32) in the categories with and without weapons, as well as with 1/2 of the 32 forms

All children age groups can participate with all the events of the traditional program with and without weapons.

Changquan, Daoshu, Jianshu, Gunshu, Nanquan, Nandao, Nangun
Taijiquan 10, 16, 24, 32 forms

Taijijian 10, 16, 24, 32 forms Duilian barehand

Duilian with weapons

9.1.2. Cadets 12 – 14 years old (including)

Cadets may participate with basic 32 forms in barehanded and weapons routines; Guiding set in barehanded and weapons routines (1st and 3rd); with all the events of the traditional program with and without weapons.

Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun, Taijiquan, Taijijian

Duilian barehand and with weapons

9.1.3. Juniors 15 – 17 years old (including)

Juniors may participate with basic 32 forms in barehanded and weapons routines; Guiding set in barehanded and weapons routines (1st and 3rd); with all the events of the traditional program with and without weapons.

Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun

Taijiquan forms

Taijijian forms

Duilian barehand

Duilian with weapons

9.1.4. Adults 18-35 (including)

Adults may participate with basic 32 forms, Guiding set in barehanded and weapons routines (1st and 3rd), optional barehand and short weapon routines; with all traditional events with barehanded and weapons routines.

Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun

Taijiquan forms

Taijijian forms

Duilian barehand

Duilian with weapons

9.1.5. Seniors 36 years and older

Seniors may participate with optional barehand and short weapon routines and with all traditional events with barehanded and weapons routines:

Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun

Taijiquan forms

Taijijian forms

Duilian barehand

Duilian with weapons

9.2. TAOLU COMPETITION PROGRAM

9.2.1. MODERN WUSHU PROGRAM

Forms are divided into groups: A, B, C, D, E, F, G:

- **A** group is for **Nandu, 3rd set Guiding and Optional routines**;
- **B** group is for **1st Guiding sets**;
- **C** group is for **32 forms**;
- **E** group is for **basic forms** (16 forms, 20 forms, 24 forms, etc.);
- **F** group is for **½ of 32 forms**;
- **G** group is for **5 forms**.

This applies to all weapon and barehanded forms.

In the above-mentioned events athletes perform optional routine conforming to the IWUF “Rules for International Wushu Taolu Competition” and “Traditional Wushu Competition Rules and Judging Methods”, 2024.

Time of performance:

- not less than 1 min 20 sec. (for A and B groups);
- for Taijiquan from 3 min to 4 min;
- for Taiji weapons – from 3 min to 4 min;
- for groups from C to G – no time limit.

9.2.3. TRADITIONAL PROGRAM

Traditional barehanded forms:

Group 1: Taijiquan

Traditional Taijiquan including Chen, Yan, Sun, Wu, Wu(Hao), Li, Wudang, Zhaobao and other Taijiquan styles divided in Taijiquan competition.

Group 2: Bagua, Xingyi, Bajiquan.

Bagua, Xingyi, Bajiquan styles divided into quanshu competition.

Group 3: Nanquan

Guandong, Fujian, Sichuan, etc. Nanquan schools (Hong, Li, Mo, Cailifo) divided into quanshu competition.

Group 4: Shaolinquan

Songshan shaolinquan divided into quanshu, qixie (weapons) competition.

Group 5: Imitation styles

All imitation routines including Houquan, Yinzhuquan, Zuiquan, Tanglangquan, Ditangquan, Zonghequan, Minghequan, Heihuquan, etc. divided into quanshu competition.

Group 6: Tongbei, Fanzi, Chuojiao, Pigua styles.

Tongbei, Fanzi, Chuojiao, Pigua styles divided into quanshu competition.

Group 7: Wudang styles.

Songxi Neijiaquan, Baxianquan, Xuanwuquan, Wudang Baguaquan, Wudang Xingyiquan, Tayiwuxingquan, etc.

Group 8: Yongchun (Wing chun)

Wing chun: Chum Kiu, Siu Lim Tao, Biaozi, Xunqiao.

Yongchun quan: Chinese Wushu duanwei, 1-6 Duan routines.

Group 9: Other traditional styles.

All other traditional quanshu and weapons routines: Chaquan, Huaquan, Baoquan, Baimei (Pakmei), Liuhequan, Gongliquan, Yuejiaquan, etc.

TRADITIONAL WEAPONS:

Group I: Gunshu

Group II: Short weapons

Group III: Long weapons

Group IV: Double weapons

Group V: Soft weapons

Group VI: Taiji weapons (Taijiqixie)

NOTE: Time of performance

- Individual events and duilian routine durations must be between 40 seconds and 2 minutes in total.
- Taijiquan routine from 3 to 4 minutes. The head judge will blow a whistle when the athlete performs 3 minutes.
- Taiji apparatus routine shall be 2 - 3 minutes. The head judge will blow a whistle when the athlete performs 2 minutes.
- Group event routine duration must be between 3 and 4 minutes in total

9.2.3. DUILIAN

1.1 Barehand vs. barehand;

1.2 Weapon vs. weapon;

Wushu taolu equipment and clothing:

Clothes: standard IWUF clothes are required for all competitors, according to program or style.

Shoes: according to IWUF standards

9.3. WUSHU BINGDAO

PROGRAM

- Bingdao Taolu
- Bingdao Duilian
- Bingdao Bout

9.3.1 Bingdao Taolu/Bingdao Duilian

Competition place - IWUF standard wushu taolu carpet.

Events in the above-mentioned events athletes perform routine conforming to the Rules for The Chinese Wushu Association Bingdao Competition.

AGE GROUPS

Children: 7-8 years (inclusive);

Children: 9 - 11 years (inclusive);

Cadets: 12 – 14 years old (including);

Juniors: 15 – 17 years old (including);

Adults: 18-35 (including);

Seniors: 36 years and older.

9.3.2 Wushu bingdao bout equipment and clothing:

Clothes: black t-shirt, black trousers covering both ankles. T-shirts and trousers must be without writings on them. The only exception is - sports club name or Chinese characters.

Shoes: according to IWUF standards.

10. WUSHU TUISHOU

PROGRAM

- Fixed step Tuishou
- Dynamic Tuishou

10.1 Age Categories & Requirements

3.1 Individual competitions can be for women and men by age groups and weight categories:

3.1.1 **Adult** competitors shall be 18-55 (including 55) full years of age; **Youth** competitors shall be between 15 and 17 (including 17) years of age; **Junior** competitors shall be between 12 and 14 (including 14) years of age and **Veterans** shall be between 56 and 70 (including 70) years old at the time of competition.

10.2 Weight Categories

Junior Weight Divisions (**Male & Female**)

39kg Category (Under $\leq 39\text{kg}$)

42kg Category ($> 39\text{kg} - \leq 42\text{kg}$)

45kg Category ($> 42\text{kg} - \leq 45\text{kg}$)

48kg Category ($> 45\text{kg} - \leq 48\text{kg}$)

52kg Category ($> 48\text{kg} - \leq 52\text{kg}$)

56kg Category ($> 52\text{kg} - \leq 56\text{kg}$)

60kg Category ($> 56\text{kg} - \leq 60\text{kg}$)

64kg Category ($> 60\text{kg} - \leq 64\text{kg}$)

68kg Category ($> 64\text{kg} - \leq 68\text{kg}$)

72kg Category ($> 68\text{kg} - \leq 72\text{kg}$)

Youth Weight Divisions Female

48kg Category (Under $\leq 48\text{kg}$)

52kg Category ($> 48\text{kg} - \leq 52\text{kg}$)

56kg Category ($> 52\text{kg} - \leq 56\text{kg}$)

60kg Category ($> 56\text{kg} - \leq 60\text{kg}$)

65kg Category ($> 60\text{kg} - \leq 65\text{kg}$)

70kg Category ($> 65\text{kg} - \leq 70\text{kg}$)

75kg Category ($> 70\text{kg} - \leq 75\text{kg}$)

80kg Category ($> 75\text{kg} - \leq 80\text{kg}$)

Youth Weight Divisions Male

48kg Category (Under $\leq 48\text{kg}$)

52kg Category ($> 48\text{kg} - \leq 52\text{kg}$)

56kg Category ($> 52\text{kg} - \leq 56\text{kg}$)

60kg Category ($> 56\text{kg} - \leq 60\text{kg}$)

65kg Category ($> 60\text{kg} - \leq 65\text{kg}$)

70kg Category ($> 65\text{kg} - \leq 70\text{kg}$)

75kg Category ($> 70\text{kg} - \leq 75\text{kg}$)

80kg Category ($> 75\text{kg} - \leq 80\text{kg}$)

85kg Category ($> 75\text{kg} - \leq 85\text{kg}$)

90kg Category ($> 85\text{kg} - \leq 90\text{kg}$)

Adult and Veterans Weight Divisions Female

48kg Category (Under $\leq 48\text{kg}$)

52kg Category ($> 48\text{kg} - \leq 52\text{kg}$)

56kg Category ($> 52\text{kg} - \leq 56\text{kg}$)

60kg Category ($> 56\text{kg} - \leq 60\text{kg}$)

65kg Category ($> 60\text{kg} - \leq 65\text{kg}$)

70kg Category ($> 65\text{kg} - \leq 70\text{kg}$)

75kg Category ($> 70\text{kg} - \leq 75\text{kg}$)

80kg Category ($> 75\text{kg} - \leq 80\text{kg}$)

Adult and Veterans Weight Divisions Male

48kg Category (Under $\leq 48\text{kg}$)

52kg Category ($> 48\text{kg} - \leq 52\text{kg}$)

56kg Category ($> 52\text{kg} - \leq 56\text{kg}$)

60kg Category ($> 56\text{kg} - \leq 60\text{kg}$)

65kg Category ($> 60\text{kg} - \leq 65\text{kg}$)

70kg Category ($> 65\text{kg} - \leq 70\text{kg}$)

75kg Category ($> 70\text{kg} - \leq 75\text{kg}$)

80kg Category ($> 75\text{kg} - \leq 80\text{kg}$)

85kg Category ($> 80\text{kg} - \leq 85\text{kg}$)

90kg Category ($> 85\text{kg} - \leq 90\text{kg}$)

100kg Category ($> 90\text{kg} - \leq 100\text{kg}$)

Over 100kg Category ($> 100\text{kg}$)

In the above-mentioned events athletes perform conforming to the European Wushu Kungfu Federation's approved "WKFE TUI SHOU COMPETITION RULES 2024"

11. AWARDING

11.1. The awarding will be carried out following the IWUF Rules, unless stated otherwise.

In Taolu competition, in case there are more than 3 competitors, 3 medals are awarded. In case there are 3 competitors, only 1st and 2nd places are awarded. In case there are 2 competitors, only 1st place is awarded. If there is 1 competitor in the group, only a participating certificate will be awarded.

NOTE: *If there are less than two competitors in the group, they are added to another group, which is the closest.*

9th BALTIC OPEN WUSHU CHAMPIONSHIPS

PRELIMINARY SCHEDULE

Date	Content	Venue
October 2	Teams arrival	
October 3	14:00 – 18:00 Registration 15:00 – 18:00 Judges refresh seminar 18:00 – 19:00 Technical meeting for team leaders and coaches Drawing lots	Latgales 443, Riga, Latvia
October 4	<p><i>Wushu TAOLU Competitions</i></p> 09:00 – 12:00 Competitions 12:00 – 12:30 Opening Ceremony 12:30 – 13:00 Awarding Ceremony 13:00 – 18:00 Competitions 18:30 – 19:00 Awarding ceremony	Latgales 443, Riga, Latvia
October 5	<p><i>Wushu DUANBING (Bingdao) Competitions</i></p> 09:00 – 14:00 Competitions 14:00 – 14:30 Awarding Ceremony <p><i>Wushu TUISHOU Competitions</i></p> 15:00 – 18:00 Competitions 18:00 – 19:30 Awarding Ceremony	Latgales 443, Riga, Latvia
October 6	Teams departure	

welcome to
RIGA!

